



Ciclopirox topical solution or Penlac is used along with regular nail trimming to treat fungal infections of the toenails (an infection that may cause nail discoloration, splitting and pain). Ciclopirox is in a class of medications called antifungals. It works by stopping the growth of nail fungus.

DIRECTIONS FOR PENLAC TOPICAL SOLUTION:

- Use the applicator brush attached to the bottle cap to apply ciclopirox topical solution evenly to all affected nails, once a day.
 - Also apply the solution to the underside of the nail and the skin beneath it if you can reach these areas.
 - Be sure that you have trimmed your nails properly before your first treatment.
 - Wipe off the bottle cap and neck and replace the cap tightly on the bottle.
 - Let the solution dry for about **30 seconds** before you put on socks or stockings.
 - When it is time for your next dose, apply ciclopirox topical solution over the medication that is already on your nails.
 - On day 7, remove all the ciclopirox from your nail(s) with a cotton square or tissue soaked with rubbing alcohol. Then, remove as much of the damaged nail as possible using scissors, nail clippers, or nail files. And reapply as before.
 - Do not take a bath, shower, or swim for at least **8 hours** after applying the medicine.
 - Do not let anyone else use your medication.
 - Do not use nail polish or other nail cosmetic products on nails treated with ciclopirox topical solution.
 - To help you remember to use ciclopirox, apply it around the same time every day, usually at bedtime.
 - It may take 6 months or longer before you notice that your nails are getting better.
 - Ciclopirox topical solution will work best if you trim your nails regularly during your treatment. You should remove all loose nail or nail material using a nail clipper or nail file before you begin treatment and every week during your treatment.
 - Be careful not to get the solution on any other areas of the skin or parts of your body, especially in or near your eyes, nose, mouth, or vagina.
 - Ciclopirox topical solution may catch fire.
 - Do not use this medication near heat or an open flame, such as a cigarette.
- Do not share nail care tools. Use different tools for infected and healthy nails.
- If your toenails are affected, wear well-fitting, low-heeled shoes, and change them frequently,
- Do not go barefoot in public areas.
- Wear protective shoes to protect your toenails, when playing sports, exercising, using strong cleaners/nail polish removers, or during work that might injure or irritate toenails.