



CLEAR NAILS PATIENT INSTRUCTIONS

Applying the medication in this manner will certainly allow an average three (3) month supply as indicated on the box.

- Use the applicator brush attached to the bottle cap to apply ClearNails Pro/+ topical solution evenly to all affected nails, twice a day.
 - After dipping the brush into the vial and wiping off a lot of the excess medication that is in the brush applicator
 - By wiping it around the rim of the glass vial - which should be a light, thin coating, you will still have enough medication in the bristles to at least cover all ten toenails.
- Also apply the solution to the underside of the nail and the skin beneath it if you can reach these areas.
- Be sure that you have trimmed your nails properly before your first treatment.
- Wipe off the bottle cap and neck and replace the cap tightly on the bottle.
- Let the solution dry for about **3 minutes** before you put on socks or stockings.
- When it is time for your next dose, apply ClearNails topical solution over the medication that is already on your nails.
- Do not let anyone else use your medication.
- Do not use nail polish or other nail cosmetic products on nails treated with ClearNails topical solution.
- Do not share nail care tools. Use different tools for infected and healthy nails.
- It may take **6 months** or longer before you notice that your nails are getting better.
- ClearNails topical solution will work best if you trim your nails regularly during your treatment. You should remove all loose nail or nail material using a nail clipper or nail file before you begin treatment and every week during your treatment.
- Wear well-fitting, low-heeled shoes, and change them frequently,
- Do not go barefoot in public areas.
 - Wear protective shoes to protect your toenails, when playing sports, exercising, using strong cleaners/nail polish removers (it makes your toenails vulnerable to micro-trauma), or during work that might injure or irritate toenails.